

- ◆ Unique design for spinal erector muscles in comfort and added safety. Dual adjustable thigh pad for effective positioning. Big non-skid high quality rubber foot platform for stability.

- ◆ **DIMENSION:**
Length : 60 inches / 152 cms
Width : 28 inches / 71 cms
Height : 50 inches / 127 cms

- ◆ **MUSCLE WORKED:**
Erector Spine

